

Flax Chocolate Chip Cookies

115gm Gluten Free Flour (Bob's Red Mill Gluten Free All Purpose Flour)

29gm Cold-Pressed Flax Meal

1gm Baking Soda

75gm Gluten Free Chocolate Chips

3gm Salt

50gm Granulated Sugar

115gm Unsalted Butter

Preheat Oven to 350°C

Prep-time 40 Minutes

Bake Time 10 minutes

Yields 14 Cookies

Mix Flour, flax meal and baking soda

Combine butter and sugar and blend at medium speed until thoroughly mixed

Reduce speed and add salt and egg, blend until well mixed (~1 minute)

Slowly add flour mixture and blend until well mixed

Add gluten free chocolate chips

Scoop tablespoon size balls of dough onto cookie sheet lined with parchment paper

Press down with a fork to shape

Bake about 10 minutes until cookies are golden at the edge

https://www.youtube.com/watch?v=k_6AScrQIQU&feature=youtu.be